



Beth Lynch

Medium / Founder of Inner Light Teaching



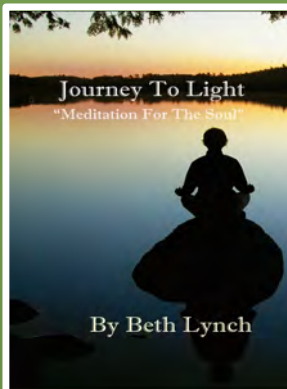
Beth understands the importance of balancing life with a spiritual practice, motherhood and career. Through channeling and teaching she is committed to helping others deal with grief and convey the wisdom of the spirit world. She teaches the power of understanding the relationship we have with our spirit (God) and self (personality).

Beth is a graduate of Delphi University and the Aurthur Ford School of Mediumship. She has been practicing meditation and yoga for over 20 years. She is a published author and she has been featured on numerous radio shows nationwide. She volunteers in her community teaching meditation and sharing the wisdom she has learned through her own experiences. Beth founded Inner Light Teaching in 1998. In addition to channeling, Beth offers a variety of classes and workshops, in person and online, on meditation, healing and spiritual development.



Topics Beth covers in her interviews, platforms and keynotes include:

- Channeling
- Conveying the wisdom of the spirit world
- Meditation, intuition and healing
- Understanding spiritual and traditional views on mental health in society today



Testimonials:

"Five minutes into her reading Beth was describing the son I had lost; his physical appearance, his personality, his memories. She knew nothing about my family or the circumstances that brought me to her. And yet, here he was, big as life. Through Beth, I learned that he continues to live, and in a very real way is always close to me. It is the most wonderful gift I've ever gotten. Beth and my son taught me how to live again."



"Inner light healing was one of the most amazing experiences of my life. I was told before class by a friend that it would transform me....boy was that the truth... I wanted to find peace, positivity, and forgiveness. Through this class I found the ability to achieve all of those..."

"Dear Beth, Thank you so much for last night's online circle. The answer to my question from the spirit world was one that I was afraid of hearing but needed to hear at the same time. Thank you so much so nice to be home and experience the love and spirit connections."

For more, please visit: <http://www.innerlightteaching.com/testimonials.php>

For more information on products, consulting, or speaking platforms please visit www.innerlightteaching.com email info@innerlightteaching.com or call 888-271-4487